



The Garden City Casino A Tennis and Social Club

51 Cathedral Ave • Garden City, NY 11530
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GC Casino Newsletter September 2026

President's Message

Welcome to our September Newsletter!

This year's club tournaments have been among the most highly competitive in recent memory, and we are looking forward to the exciting conclusions as our club champions are crowned during Finals Weekend, which are planned for September 11 – 13. On Friday evening, dinner, wine, beer and cocktails will be served. On Saturday morning, a light breakfast will be available followed by a catered lunch in the afternoon, and wine, beer and cocktails will be available throughout the day. The big weekend will conclude on Sunday morning with brunch available to all players and spectators. All food and drink will be provided as a courtesy of the club. I hope you will be able to join us during Finals Weekend and experience what promises to be a fun and enjoyable event, filled with excellent tennis play, great competition and delicious food. As a reminder, the full schedule of events is also conveniently available on the PlayByPoint app for quick reference by our members under the "*About*" tab.

The end of our tournaments is *not* the end of our tennis season. The courts are in great condition, and we are planning on keeping them open for member play well into the month of October, so don't put your racquets away just yet!

Looking forward to seeing you all on the patio in September.

Drew Wozniak
President

September 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31	1	2	3	4	5
						6:30AM - 12:30 Open Play
6	7	8	9	10	11	12
6:30AM - 12:30 Open Play					* FINALS * WEEKEND 4:30PM	* FINALS * WEEKEND 9AM - 6PM
13	14	15	16	17	18	19
* FINALS * WEEKEND 9AM - 1PM					7:30-12:30: Ladies' Member Guest (#1)	6:30AM - 12:30 Open Play
20	21	22	23	24	25	26
6:30AM - 12:30 Open Play					7:30-12:30: Ladies' Member Guest (#2)	6:30AM - 12:30 Open Play
27	28	29	30	1	2	3
6:30AM - 12:30 Open Play						

September – Special Events Calendar

September 11	Friday	4:30	Club Championships
September 12	Saturday	9:00	Club Championships
September 13	Sunday	9:00	Club Championships
September 18	Friday	7:30	Ladies Member/Guest #1
September 25	Friday	7:30	Ladies Member/Guest #2

September 2026 Finals Weekend Schedule

Friday 9/11

4:30 PM Court 1 – Mixed A Doubles

4:30 PM Court 3 – Women's B Doubles

Saturday 9/12

9:00 AM Court 1 – Women's 100's Doubles

9:00 AM Court 3 – Men's B Singles

11:00 AM Court 1 – Men's B Doubles

11:00 AM Court 3 – Women's C Doubles

2:00 PM Court 1 – Men's A Doubles

2:00 PM Court 3 – Women's B Singles

4:00 PM Court 1 – Women's A Singles

4:00 PM Court 3 – Men's Casino Cup Doubles

Sunday 9/13

9:00 AM Court 1 – Men's A Singles

9:00 AM Court 3 – Women's Casino Cup Doubles

11:00 AM Court 1 – Women's A Doubles

11:00 AM Court 3 – Men's 120's Doubles

1:00 PM Court 1 – Mixed B Doubles

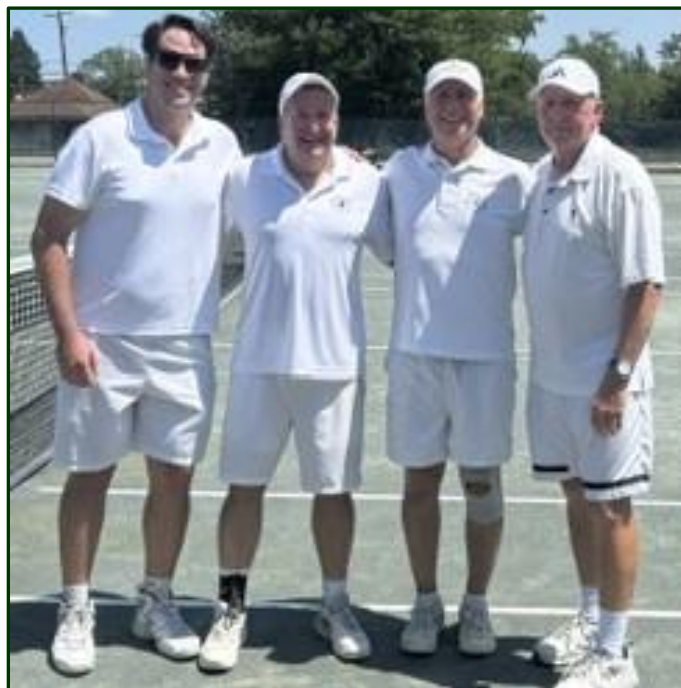
August Special Events Roundup

Mixed Doubles Round Robin – August 7th

The Casino held a terrific Mixed Doubles Round Robin in August. Sincere thanks to our gracious hosts Amy & Damian O’Leary for volunteering to run the event on short notice, and for all the hard work they put in to ensuring its success.

Men’s Member Guest – August 8th

On Saturday morning August 8, the Casino hosted its annual Men’s Member Guest event. The members and their guests enjoyed a fine morning of competitive tennis followed by a delicious catered lunch. Congrats the winning team of Brian Nicholas and Jim Madelmayer, and to the finalists Drew Galligan and Dan Bonchosky.

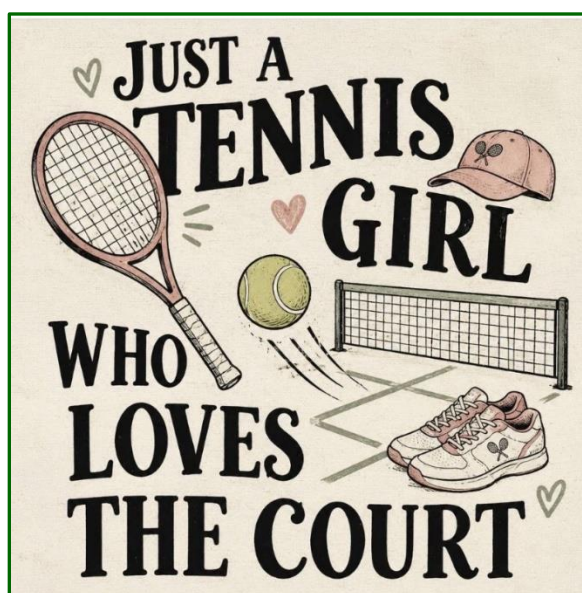


Family Day – August 9th



Ladies Night – August 13th

On Thursday August 13, the Garden City Casino Women's B-2 team hosted a summer evening Ladies Night. Many members of the Casino's various womens teams attended the event and participated in the evening's tennis festivities. Garden City Pizza provided delicious pizza and pasta to fuel the game playing energy into the night. Special thanks to Krista McManus and Caitlin Sorohan for volunteering to host this fun event!



Tennis League Play

Once again this year, the Casino tennis teams have had terrific seasons in league play. We had 5 women's teams competing in the North Shore Women's Tennis League, and 2 men's teams competing in the Master's Division of the Men's Country Club League of Long Island. All had successful seasons and lots of fun. Our B-3 Ladies team closed out their final home match of the season with a thrilling sweep of the Hempstead Country Club!



Felice Rozakis, Amanda Knapp, Kathleen Campon, Maura Moylan, Neha Bajaj, Nancy Leo, Kelly Smith, Noreen DiPrisco



Amanda Knapp & Kathleen Campon



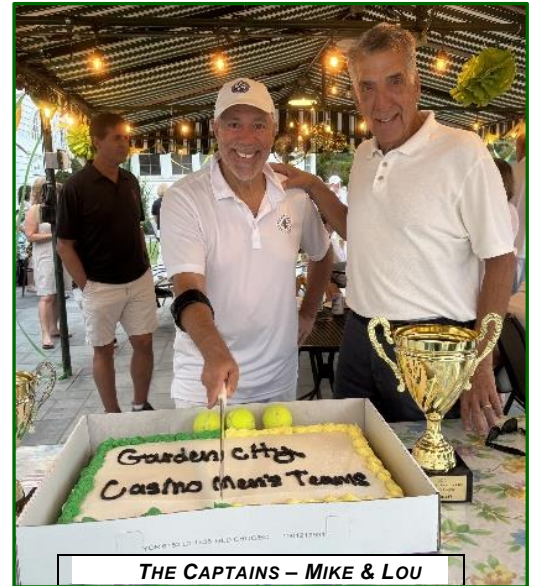
Maura Moylan & Neha Bajaj



Nancy Leo & Kelly Smith

Men's Senior League

On August 18, the Casino Gold team won the championship of the Master's Division of the Men's Country Club League of Long Island with a victory over the Casino Green team. Despite having its best players divided between two teams, the GC Casino dominated the Nassau County "Senior League" this season. Under the leadership of team captain Mike Sbeglia, the Casino Golds finished the regular season in 1st place and won their first two playoff rounds convincingly. The Green team, captained by Lou



Fasano, also had a strong regular season and also won the first two rounds of the playoff tournament, setting the stage for the all-Casino finals. On a warm, muggy evening, before a crowd of more than 90 spectators, the teams battled hard for the title. In the end, the Gold team proved that their 1st place finished was no fluke, winning 3 of the 4 court matches and defeating the Green team by a score of 10-2.

This marks the fourth time in the past six seasons that a team from the Casino has won the Senior League Championship. Congratulations to all the players for another outstanding season and for once again representing the GC Casino so well!




TENNIS PERFORMANCE

HABITS TO BREAK



- ✗ Skipping the warm-up
- ✗ Watching the racket instead of the ball
- ✗ Rushing between points
- ✗ Negative self-talk
- ✗ Hitting without a target
- ✗ Poor footwork
- ✗ Playing every ball too hard
- ✗ Losing focus after mistakes
- ✗ Ignoring recovery

HABITS TO MAKE



- ✓ Dynamic warm-up
- ✓ Watch the ball closely
- ✓ Reset between points
- ✓ Positive self-talk
- ✓ Aim with purpose
- ✓ Active footwork
- ✓ Controlled power
- ✓ Learn from every mistake
- ✓ Prioritize recovery



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MENTAL GAME RULES



EVERY COMPETITIVE PLAYER SHOULD MASTER

1 Reset after every point.	2 Focus on the next ball.	3 Control what you can control.
4 Use a consistent between-point routine.	5 Stay positive after mistakes.	6 Play the score, not your emotions.
7 Breathe slowly under pressure.	8 Commit fully to every shot.	9 Avoid rushing important points.
10 Accept imperfect tennis.	11 Use confident body language.	12 Keep your tactical plan simple.
13 Treat break points calmly.	14 Visualize your target before serving.	15 Stop judging every mistake.
16 Compete for every point.	17 Stay patient during long rallies.	18 Notice your opponent's patterns.
19 Refocus after distractions.	20 Trust your practiced technique.	21 Manage momentum instead of fearing it.
22 Stay present when leading.	23 Fight intelligently when behind.	24 Finish matches with courage.


▶ **SAVE THIS GUIDE** FOR YOUR NEXT MATCH

Newsletter Contributions

We are always looking for member contributions to include in our monthly Newsletter. Your photos, articles, suggestions, team scores, tennis highlights, and all other club-related submissions are all welcomed. If you have anything you would like to submit for inclusion in a future newsletter, please email it to GCCasinoEditor@gmail.com.

Friday Evening Patio Refreshments

The Casino will have staff available to serve drinks on summer Fridays from 5-9 PM through Labor Day weekend. Beer and wine will be available for purchase with a member chit signature, and light snacks of chips and pretzels will be provided. No reservations are needed – just come down and enjoy some cool refreshments with your fellow members on Friday evenings this summer.

Questions?

Do you have a question about The Casino? Please submit your question and we'll do our best to include it with an answer in our next newsletter. Email your questions to: GCCasinoEditor@gmail.com.

Garden City Casino Board of Governors

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